

Clifton Hills Independent Primary School

Dear Parents and Carers

Did you know?

The Noongar Season 'Kambarang' is represented by the colour yellow as it symbolises the return of the hot weather. During Kambarang season, we see an abundance of colours and flowers exploding all around us. The yellows of many of the acacias continue to abound, along with some of the banksias and many other smaller delicate flowering plants including the kangaroo paw and orchids. One of the most striking displays of flowers to be seen during this season will be the moojar, or Australian Christmas Tree (*Nuytsia floribunda*). The bright orange-yellow flowers serve to signal the heat is on its way.



November 25 National Play with Dad - encourages fathers to spend the day focused on fun with their kids. It's a day designed for bonding and memories.

November 27 Maaveerar Naal - 'Great Heroes' Day; is a remembrance day observed by Sri Lankan Tamils to remember the deaths of militants who fought for the Liberation Tigers of Tamil Eelam. Traditionally, oil lamps are lit for the three days ending on 27 November and the Tamil Eelam flag is raised at ceremonies. The symbol for Maaveerar Naal is the 'Gloriosa superba'.

November 27 November - First Sunday of Advent. Advent is observed with the lighting of advent candles, display of wreaths and special ceremonies. Advent also anticipates the coming again to earth of Jesus Christ.



November 30 St Andrews Day - St Andrew is the patron saint of Scotland. He is also the patron saint of Romania, Greece, Russia, Ukraine and Poland. The day is usually celebrated with traditional recitations, cuisine, dancing and singing.

'Movember' - Movember is an annual event involving the growing of moustaches during the month of November to raise awareness of men's health issues. It is a portmanteau of the Australian-English diminutive word for moustache, "mo", and "November".

Excursions: This week our school leaders had their 'thankyou' excursion to Bounce. The children's behaviour was exemplary and they had a wonderful time. They even convinced Mr Shoesmith and Mr Fletcher to join them in the activities!

The Animal Warriors went to the Zoo on Wednesday. These students are a passionate group who are concerned about the welfare of animals and meet weekly with Mrs Ritchie for this extracurricular club.

Enrolments 2024: We are currently in the process of planning for 2024. If you are not returning to our school next year, please notify the office in writing, or via email: cliftonhills.ps@education.wa.edu.au as soon as possible. This will help us enormously in our planning for 2024 and only applies to students in Kindergarten to Year 5.

Kindergarten Orientation Days: Thank you to our Kindergarten educators' team for organising these wonderful opportunities for our incoming Kindergarten parents. It is a fantastic entry for our first-time parents in a school environment.

Mrs Patricia Joss
Principal

17 November
2023—Issue 18

IMPORTANT NOTICES

- Year 6 Big Day Out Due Wed. 22 Nov.
- Year 6 Graduation Rehearsal and Dinner Due Tues. 28 Nov.
- Colour Run Wed. 29 Nov.

GENERAL INFORMATION

Assembly:
Friday 24 Nov.

Clothing Pool:
Please see Term 4
opening days.

School Times:
Monday to Friday
8.30 am to 2.40 pm

Play Café: Thursday
8:45 am to 10:45 am

Breakfast Club
Wednesdays
7:45 am-8:10 am



ASSEMBLY DATES 2023

Term 1

Friday 17 March: Room 12

Friday 31 March: Room 7

Thursday 6 April: ANZAC

Term 2

Friday 28 April: Choir/
Councillor

Friday 12 May: Room 13

Friday 26 May: Room 10

Friday 9 June: Room 8

Friday 23 June: Room 9

Term 3

Friday 21 July: Room 5

Friday 28 July: Room 6

Friday 4 August: Room 14

Friday 18 August: Room 4

Friday 1 September: Room 11

Friday 22 September: Room 15

Term 4

Friday 13 October: Choir/
Councillors

Friday 27 October: Japanese

Friday 10 November: Room 3

Friday 24 November: Room 2

Friday 8 December: Book
Awards

OFFICE DISPLAY—ROOM 3



UPCOMING EVENTS

WEEK 7 Wednesday Friday	22 Nov. 24 Nov.	Year 6 Big Day Out 3 Rottneast excursion DUE Assembly Room 2
WEEK 8 Tuesday Tuesday Tuesday Wednesday Thursday Friday	28 Nov. 28 Nov. 28 Nov. 29 Nov. 30 Nov. 1 Dec.	Year 6 Transition to Kelmscott Senior High—all day Year 6 Graduation DUE School Board Meeting Colour Run Parent Helper 'Thank You' Morning Tea Year 6 Big Day Out 3 Rottneast excursion
WEEK 9 Tuesday Wednesday Friday	5 Dec. 6 Dec. 8 Dec.	Year 6 Graduation-Rehearsal (10.45 am-1.05 pm) Ceremony and Dinner 6.00 pm Kindergarten Concert 5.00 pm Assembly—Book Awards
WEEK 10 Tuesday Wednesday Thursday Friday	12 Dec. 13 Dec. 14 Dec. 15 Dec.	Requirement List pick up 2.00-3.00 pm Wellness Centre Reports go home Last day for students School Development Day—students do not attend
Term 1 2024		
Students return WEDNESDAY 31 JANUARY 2024		

SCIENCE— WHAT, WHY, WHEN, HOW?

In Term 4, we studied Earth and Space Science. Room 16 researched volcanic eruptions and we discovered that they could have a positive effect on the Earth's surface. Volcanoes produce new lands, cool the atmosphere, create fertile soil, and produce valuable minerals like copper, gold and sulfur.



VOLUNTARY CONTRIBUTIONS

Thank you very much to those parents who have already paid their Voluntary Contributions of \$50.00 per child. The school relies a great deal on parents paying this voluntary payment.

Voluntary financial contributions are used by the school to provide an enhanced education service and to enhance resources available to students learning.

Payments can be made in full or by instalments throughout the year by Qkr!, cash at the Front Office or direct deposit.

Details for direct deposit are;

Clifton Hills Primary School

Bank CBA

BSB 066 040

Account 19901076

Please use your child's name and "Vol Con" as the reference.

Every little bit helps!



SCHOOL WATCH 1800 177 777

TERM DATES 2023

Term 1

Wednesday 1 February–
Thursday 6 April

Term 2

Wednesday 26 April -
Friday 30 June

Term 3

Monday 17 July -
Friday 22 September

Term 4

Tuesday 10 October–Thursday
14 December

Faction Scores

MARTIN	5550
LUCICH	5601
ELLIS	6574
DALE	5681

Preferred Payment Method





Colour Fun Run

Wednesday 29 November is the big day!! Students are invited to participate in our biggest fundraising event of the year! To participate, all students must register on web address: <https://www.mycase.com.au/events/chpspccolourfunrun> and raise a minimum of \$10 each, online or in cash, to cover costs. Registrations and minimum funds must be received by midnight, 28 November. Fundraising will continue until 10 December 2023.

Prizes

All students must raise a minimum of \$10.00 to participate either online or by cash payment. This covers costs, equipment and glasses on the day. Individual prizes will be awarded to students in a three-stage raffle:

- For every \$10.00 raised between \$0 and \$100.00, students will receive one (1) entry into the draw for a brand-new bicycle pack, followed by a brand-new scooter pack.
- For every \$10.00 raised between \$100.00 and \$250.00, students will receive one (1) entry into the draw for an Apple iPad.
- For every \$10.00 raised above \$250.00, students will receive one (1) entry into the draw for a Play Station 5.

The class that raises the most funds overall will receive a whole class party catered by the P&C Canteen!

Event

- Students in Kindergarten 1A, Room 18 & Play Cafe will participate next to Room 18 at **10:45 am**.
- Students in Years 1 to 6 will participate on the school oval from **1:30 pm onwards**.
- Students in Kindergarten 1B & Pre-primary will participate next to Room 18 from **1:30 pm onwards**.

Please send your child in the clothing they will wear for the run. The P&C recommends a white or light shirt, old shorts and easy-to-clean running shoes. White shirts are available for purchase on School24 for \$5.00 each by Friday, 24 November.

Volunteers/Spectators

All volunteers will attend for free. Please register by emailing chpsfundraising@gmail.com. Adult spectators will be required to pay a \$3.00 entry fee at the entry gate.

Canteen

Do you have a School24 account yet? Now is the time to jump on board. In order to simplify the daily operation of the Canteen, All lunch orders are now online ordering only (Year 6 students will be exempt). Recess and ice cream purchases will still be available over the counter. You can top up your parent wallet by cash, card or direct deposit.

The school code is **25422963**.

Clothing Pool

The Clothing Pool will no longer open on a weekly basis. Orders can still be placed via email for delivery every Tuesday. The Clothing Pool will open in Term 4 on the following dates:

Tuesday 5 December 8.15—8.45 am

Tuesday 12 December 8.15—8.45 am

The Clothing Pool is currently out of stock:

Size 4, 6 & 12 Polos

Size 4 shorts

Size 4 & 12 jackets

We have been informed from our supplier that we will not be receiving this stock until 2024. We do not have any current students who will be affected by this shortage and all summer uniform orders have been fulfilled. If you placed a Summer Uniform Order, invoices have now been sent for payment. If you have not received an invoice, please contact the clothing pool as soon as possible as your order may not have been received. Payment plans are available should you require additional time to pay. All orders are ready for immediate delivery.

Containers for Change

The P&C now has a recycling bin on site for all eligible containers. Students can get one faction point per container by putting them in their faction bins in the undercover area. Containers from home are most welcome! All funds raised this year will be going towards our Year 6 students' graduation!

Want to Join?

Have you ever wondered about all the things the P&C do? Have you seen an idea from somewhere and thought, "the P&C should do that?" We are actually a small committee and need more parent and grandparent involvement to continue offering all our events/fundraisers. If you would like to join the P&C please email chpspresident@gmail.com or message our Clifton Hills Primary School P&C Facebook page. Our next general meeting will be held on Monday, 4 December at 2.00 pm in the school staffroom. All are welcome!

****REMEMBER:** The best way to stay up-to-date with all of our amazing events is through our Facebook page, "CLIFTON HILLS PRIMARY SCHOOL P&C".**

ANNUAL REPORT

Our 2021 annual report is now available to view. Please follow the link below:

<http://cliftonhillsp.s.wa.edu.au/wp-content/uploads/2022/03/Annual-report-2021.pdf>

SCHOOL WATCH 1800 177 777

Community News

CULTIVATING SELF COMPASSION

Join us

Learn to challenge unhelpful thoughts and talk to yourself with a compassionate voice. If you find yourself constantly thinking negative or mean thoughts about yourself, it's time to stop, give yourself a break and cultivate self-compassion. This course will teach you skills to build your self-confidence, set healthy boundaries within relationships and re-parent yourself with self-care. This is a small-group practical course, led by a qualified therapist, in a safe, supportive and inclusive environment.

FIND YOUR SELF-WORTH!

- Week 1 - Understanding the key elements of self-compassion
- Week 2 - The difference between self-esteem and self-compassion
- Week 3 - Techniques to regulate your emotions
- Week 4 - Challenging unhelpful thoughts and developing a compassionate voice
- Week 5 - Setting healthy boundaries
- Week 6 - Reparenting yourself with self-care routines and rituals

Contact us

08 9490 2258
info@whws.org.au
www.whws.org.au
2232c Albany Highway Gosnells, WA 6110

women's
health &
wellbeing
services

YOUTH EAST MATECOUNCIL

Book now



Details

Dates: 8th May - 17th June

Time: 10.00am -12.00pm

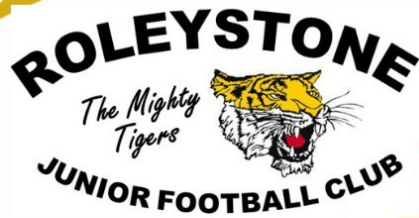
Cost Series of 6 - \$90 Conc/\$120 General

Where: Women's Health & Wellbeing Services
(Suite 7, Level 1 2232c Albany Hwy GOSNELLS)

FACILITATOR - Elaine

Elaine has over ten years' experience in primary education having worked in the UK and Australia with a focus on special educational needs and inclusion. She is passionate about enhancing the wellbeing and learning outcomes of all individuals. She is excited merging her passion for teaching and learning with counselling skills gained in 2019 upon completion of a Graduate Diploma. In her spare time, Elaine enjoys time spent with family and friends and listening to live music. Qualifications: PGDip Counselling, PGDip Specific Learning Difficulties, PGC Special Educational Needs Coordination and PGC Primary Education

Community News



AUSKICK

REGISTRATIONS NOW OPEN

FOR 2024

\$185.00

SEASON STARTS
27TH APRIL 2024



Community News

CALMING YOUR ANXIETY

Join us

If you're tired of feeling stuck, isolated, and drained due to anxiety, it's time to make a change. This 6-week workshop series provides you with tools to better understand and cope with anxiety. This workshop is based on Acceptance and Commitment Therapy (ACT) principles and teaches you new ways of responding to unhelpful thoughts and emotions.

We understand that you may feel apprehensive about attending group sessions due to social anxiety. We assure you that our small, supportive group environment is designed to be safe, non-judgmental, and comfortable for everyone. We're here to help you every step of the way.

WHAT YOU WILL GAIN FROM THE WORKSHOP:

- A deeper understanding of your anxiety and its triggers.
- Practical tools and strategies to manage anxiety effectively.
- Increased ability to respond to unhelpful thoughts and emotions in a healthier way.
- Skills to live more in the present moment, reducing worry about the past and future.
- Connection with others facing similar struggles, helping to reduce feelings of isolation.
- Enhanced confidence to handle social situations and interactions.

Contact us

08 9490 2258

info@whws.org.au

www.whws.org.au

2232c Albany Highway Gosnells, WA 6110

women's
health &
wellbeing
services

SOUTH EAST METROPOLITAN

Book now



Details

Dates: February 12th - March 25th

Time: 10.00am -12.00pm

Cost Series of 6 - \$90 Conc/\$120 General

Where: Women's Health & Wellbeing Services
(Suite 7, Level 1 2232c Albany Hwy GOSNELLS)

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