



# Clifton Hills Independent

## Primary School





### 3 Nov. 2023 Issue 17

## IMPORTANT NOTICES

- School Leaders
   Bounce excursion
   DUE Tues. 7 Nov.
- Animal Warriors
   Perth Zoo excursion
   DUE Thurs. 9 Nov.
- Year 6 Big Day Out 3 excursion
   DUE Wed. 22 Nov.
- Year 6 Graduation DUE Tues. 28 Nov.

### Dear Parents and Caregivers,

#### Did you know?

**Kambarang October - November:** we welcome the Noongar season of Kambarang, known traditionally as the season of 'birth'. It is the fifth season of the Noongar calendar, running from October to November, and is marked by an abundance of wildflowers and rising temperatures.

**Culture Day 3 November:** Each year on 3 November, people in Japan come together to celebrate <u>Culture Day</u>, a day dedicated to Japanese culture. It is a significant national event which promotes love of freedom and peace; key pillars of the Japanese constitution. Importantly, it is also the birthdate of Emperor Meiji, who ruled Japan from 1867-1912.

**Remembrance Day 11 November:** Also known as Armistice Day, November 11 commemorates the 11th hour of the 11th day of the 11th month when the guns on the Western Front fell silent, marking the end of the First World War. This was formalised

by the signing of the Armistice, an agreement made between the Allied Powers and the Central Powers to end all military operations and hostilities. Remembrance Day is recognised by Australia and other allied countries including New Zealand, Canada and the United States. It is a day to reflect on the sacrifices made by the soldiers at war and is commonly facilitated by a minute of silence.



**Diwali 12** *November:* <u>Diwali,</u> which translates to 'Festival of Lights' is one of the major annual Indian festivals and is celebrated over a period of five days by Hindus, Jains and Sikhs across the globe. It is a highly anticipated celebration and is renowned for its beautiful and bright illuminations which bring the community together, instilling friendship, hope and togetherness.



**World Kindness Day 13 November:** this day promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day is to help everyone understand that kindness is what binds us all together. This understanding has the power to bridge the gap between nations. With kindness, we can overcome the divides of politics, race, religion, gender. We can change the world, one kind act after the other, let's have a go!

**World Diabetes Day 14 November:** On <u>World Diabetes Day</u>, we raise awareness about the global diabetes epidemic and encourage action to prevent diabetes and its complications. The theme for this day between 2021-2023 is Access to Diabetes Care.

**International Day for Tolerance 16 November:** Marked by UNESCO in 1994, <u>International Day for Tolerance</u> commemorates the birthday of Mahatma Gandhi and raises awareness to the dangers that intolerance poses to society. The underlying theme of this day is promoting mutual understanding between cultures and peoples as well as appreciation for diversity.

**New School Board Member:** I am very pleased to announce Peita Bulloch was voted by the community to be the new parent representative on our school board. Peita joins Peter Gray, Troy Jackson, Rebecca Morse, Alex Bell and Rachael Thompson as parent representative on our board.

## GENERAL INFORMATION

Assembly: Friday 10 Nov. Room 3

Clothing Pool: Please see Term 4 opening days.

School Times: Monday to Friday 8.30 am to 2.40 pm

Play Café: Thursday 8:45 am to 10:45 am

Breakfast Club Wednesdays 7:45 am-8:10 am



#### **ASSEMBLY DATES 2023**

Term 1

Friday 17 March: Room 12

Friday 31 March: Room 7

Thursday 6 April: ANZAC

Term 2

Friday 28 April: Choir/

Councillor

Friday 12 May: Room 13

Friday 26 May: Room 10

Friday 9 June: Room 8

Friday 23 June: Room 9

Term 3

Friday 21 July: Room 5

Friday 28 July: Room 6

Friday 4 August: Room 14

Friday 18 August: Room 4

Friday 1 September: Room 11

Friday 22 September: Room 15

Term 4

Friday 13 October: Choir/

Councillors

Friday 27 October: Japanese

Friday 10 November: Room 3

Friday 24 November: Room 2

Friday 8 December: Book

Awards

**Outside School Hours Care (OSHC) 2024:** I would like to thank Mrs Ferne Watson and her committee for overseeing the process for selecting an OSHC provider for our community. Camp Australia will be providing on site before, after school and holiday programs in 2024.

**Arrival times at school:** Please DO NOT drop your children off before 8.00 am. There are currently too many students arriving before this time. This is not appropriate unless they are engaging in an extracurricular activity with a member of staff.

**Culture Survey:** To gain feedback from the community on our school culture, I will be sending an invitation to all parents to participate in the Community Culture Survey for our school. Your feedback will assist us in improving our practices and will be used to determine actions for improvement in 2024. Here is the link: <a href="https://www.schoolsurvey.edu.au/s/ETfk8b42">https://www.schoolsurvey.edu.au/s/ETfk8b42</a>. You can also ask for a printed copy from the front office.

**Mobile Phones on site:** Please remind your children if they are bringing a mobile phone to school it MUST be signed in at the front office and collected in the afternoon. No students should be using their mobile phones whilst on site, this includes before and after school. The only exceptions are the students who use a mobile phone as a medical device such as a diabetic student.

Mrs Patricia Joss
Principal

UPCOMING EVENTS			
WEEK 5 Tuesday Wednesday Thursday Friday	7 Nov. 8 Nov. 9 Nov. 10 Nov.	School Leaders Bounce excursion <b>DUE</b> Kindergarten 2024 Orientation Day 2 1.30-2.30 pm Animal Warriors Perth Zoo excursion <b>DUE</b> Assembly Room 3	
WEEK 6 Monday Wednesday Wednesday	13 Nov. 15 Nov. 15 Nov.	School Leaders Bounce excursion Kindergarten 2024 Orientation Day 3 1.30-2.30 pm Parent Information session Year 7 2024 KSHS	
WEEK 7 Wednesday Friday	22 Nov. 24 Nov.	Year 6 Big Day Out 3 Rottnest excursion <b>DUE</b> Assembly Room 2	
WEEK 8 Tuesday Tuesday Tuesday Wednesday Thursday Friday	28 Nov. 28 Nov. 28 Nov. 29 Nov. 30 Nov. 1 Dec.	Year 6 Transition to Kelmscott Senior High—all day Year 6 Graduation <b>DUE</b> School Board Meeting Colour Run Parent Helper 'Thank You' Morning Tea Year 6 Big Day Out 3 Rottnest excursion	
WEEK 9 Tuesday Wednesday Friday	5 Dec. 6 Dec. 8 Dec.	Year 6 Graduation-Rehearsal (10.45am-1.05 pm) Ceremony and Dinner 6.00pm Kindergarten Concert 5.00 pm Assembly—Book Awards	
WEEK 10 Tuesday Wednesday Thursday Friday	12 Dec. 13 Dec. 14 Dec. 15 Dec.	Requirement List pick up 2.00-3.00 pm Wellness Centre Reports go home Last day for students School Development Day—students do not attend	
Term 1 2024			

Term 1 2024 Students return WEDNESDAY 31 JANUARY 2024

#### FROM THE DEPUTIES

#### **Enrolments for 2024**

We are currently in the process of planning for 2024. If you are *not* returning to our school next year, please notify the office in writing, or via email: <a href="mailto:cliftonhills.ps@education.wa.edu.au">cliftonhills.ps@education.wa.edu.au</a> as soon as possible. This will help us enormously in our planning for 2024 and only applies to students in Kindergarten to Year 5.

#### Important Dates for Kelmscott Senior High School - Year 7 2024

- •Year 6 Transition Day Tuesday 28 November (All day—only available to students who have completed an enrolment form)
- •Parent Evening Wednesday 15 November

4 – 5.00 pm Specialist Music Orientation

4 – 5.00 pm Specialist Agriculture Orientation 5.15 – 6.15 pm General Parent Information

#### **Clothing Pool**

The Clothing Pool will open in Term 4 on the following dates:

 Tuesday
 17 October
 8.15—8.45 am

 Tuesday
 14 November
 8.15—8.45 am

 Tuesday
 5 December
 8.15—8.45 am

 Tuesday
 12 December
 8.15—8.45 am

#### SCHOOL BOARD SUMMARY

The Board met on Tuesday, 31 October 2023 for its first bi-term meeting for Term 4. It was pleasing to hear that the afterschool care initiative is progressing well and parents will have an in-school solution available for before school and after school drop off in 2024. Discussion also focussed on finalising the school business plan, school finances and a number of operational items including reporting schedules and ongoing parent communication.

Staff and the community will have an opportunity to complete a short survey before the end of term four which will help the Board and school management plan for 2024 and beyond. We encourage you all to look out for the survey and look forward to your response and feedback.

Peace out.

Peter Gray Board Chair

> OFFICE DISPLAY

Room 2!



#### **TERM DATES 2023**

#### Term 1

Wednesday 1 February— Thursday 6 April

#### Term 2

Wednesday 26 April -Friday 30 June

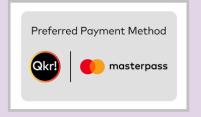
#### Term 3

Monday 17 July -Friday 22 September

#### Term 4

Tuesday 10 October—Thursday 14 December

Faction Scores				
MARTIN	349			
LUCICH	502			
ELLIS	463			
DALE	464			



SCHOOL WATCH 1800 177 777

#### **P&C NEWS**

#### **Colour Fun Run**

Wednesday 29 November is the big day and we are going to need all hands on deck!! Please note: you MUST register your child at https://www.mycause.com.au/events/chpspccolourfunrun to participate, and raise a minimum of \$10.00 to run - this covers costs and safety requirements such as glasses. We are busily working behind the scenes to create an unforgettable event. We are really looking forward to updating everyone further, and raising the funds needed for our assembly area and stage, but if you have any immediate questions or issues, or you are interested in assisting with this event, please email the P&C at chpsfundraising@gmail.com. Keep an eye on our Facebook page and Connect for details regarding prizes, volunteering, cash donations and registration.

#### Canteen

Do you have a School24 account yet? Now is the time to jump on board. In order to simplify the daily operation of the Canteen, All lunch orders are now online ordering only (Year 6 students will be exempt). Recess and ice cream purchases will still be available over the counter. You can top up your parent wallet by cash, card or direct deposit. The school code is 25422963.

#### **Clothing Pool**

The Clothing Pool will no longer open on a weekly basis. Orders can still be placed via email for delivery every Tuesday. We will open in Term 4 on the following dates:

Tuesday 17 October 8.15—8.45am Tuesday 14 November 8.15—8.45am Tuesday 5 December 8.15—8.45am Tuesday 12 December 8.15—8.45am

The Clothing pool is currently out of stock:

Size 4 & 12 Polos

Size 4 shorts

Size 4 & 12 jackets



We have been informed from our supplier that we will not be receiving this stock until 2024. We do not have any current students who will be affected by this shortage and all summer uniform orders have been fulfilled. If you placed a Summer Uniform order, invoices have now been sent for payment. If you have not received an invoice, please contact the clothing pool as soon as possible as your order may not have been received. Payment plans are available should you require additional time to pay. All orders are ready for immediate delivery.

#### **Containers for Change**

The P&C now has a recycling bin on site for all eligible containers. Students can get one faction point per container by putting them in their faction bins in the undercover area. Containers from home are most welcome! All funds raised this year will be going towards our Year 6 students' graduation!

#### Want to Join?

Have you ever wondered about all the things the P&C do? Have you seen an idea from somewhere and thought "the P&C should do that?" We are actually a small committee and need more parent and grandparent involvement to continue offering all our events/fundraisers. If you would like to join the P&C please email <a href="mailto:chpspresident@gmail.com">chpspresident@gmail.com</a> or message our Clifton Hills Primary School P&C Facebook page. Our next general meeting will be held on Tuesday, 7 November at 8:45 am in the school staffroom. All are welcome.

\*\*REMEMBER: The best way to stay up-to-date with all of our amazing events is through our Facebook page, "CLIFTON HILLS PRIMARY SCHOOL P&C".\*\*



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CHPS P&C contacts

Clothing Pool: chpsclothingpool@gmail.com Fundraising: chpsfundraising@gmail.com

## SCIENCE— WHAT, WHY, WHEN, HOW?

During the fourth term, our class centred on Earth and Space Science. Room 5 has been keeping track of seasonal and short-term weather patterns. We are exploring the effects of season changes. In one of our recent activities, the students were asked to select their favourite season and create an outfit suitable for that particular season.





### Online Safety - how to keep your child safe online

Protecting your children from harm is just as important online as it is in the real world. As a parent or carer, you can play an important role in helping children have safe and positive experiences online.

The internet offers an exciting world of experiences for children and the whole family. It can be entertaining, educational and rewarding. However, using the internet also involves risks and challenges.

Children might be exposed to content that is sexually explicit, violent, prohibited or even illegal. They may also experience cyber bullying or be at risk from contact by strangers.

Children may - unknowingly or deliberately - share personal information without realising they may be subject to identity theft, or that they are leaving behind content that might not reflect well on them in the future.

By taking an active role in talking with your kids about the risks and answering their questions or concerns about something that they find on the Internet you can help them stay safer online.

For more information on keeping your children safe online try the following website:

- iParent is an online resource developed by the Office of the Children's E-Safety Commission where
  parents can learn about the digital environment and keep updated on their children's technology use.
  Guidance for using safety settings on your family's web-connected devices, tips for choosing movies
  and games and strategies for keeping young people safe online is available. www.esafety.gov.au
- Stay Smart Online is the Australian Government's online safety and security website, designed to help
  everyone <u>understand</u> the risks and simple steps we can take to protect our personal and financial
  information online. <u>www.staysmartonline.gov.au/</u>
- Raising Children Network http://raisingchildren.net.au.

## **Building resilience**

Resilience is the ability to cope with difficult situations and 'bounce back' when things go wrong. Young people need to develop resilience in order to navigate life's ups and down. As a parent, you can help your child to become resilient by giving him or her opportunities to learn and practise new skills, for example:

- Allow your child to solve some of their own problems. Learning to deal with issues builds skill and confidence. Don't jump in to fix things, unless the situation has got out of hand.
- Arrange a fun, child-friendly activity each week like a trip to the park, play date with a friend or watching a
  favourite movie. Regular 'ups' provide a bank of positive emotions to buffer against life's 'downs' that may
  involve disappointment or conflict.
- Help your kids to think positively. If your child is frustrated by a difficult maths problem, say, "I know that
  question was hard today, but yesterday I saw you solve a hard problem. You kept trying until you worked
  it out."
- If you have a disagreement with your child, the most important thing to do is to reconnect and repair the
  relationship. Let your child cool down then offer a hug or words of support. This has benefits for your
  child's mental health as well as their ability to deal with relationship problems throughout their life.

For more information about raising a resilient child, go to <a href="https://raisingchildren.net.au">www.kidsmatter.edu.au</a> or <a href="https://raisingchildren.net.au">http://raisingchildren.net.au</a> or contact your local Community Health Nurse, (insert name here), on (insert number here).



#### Cyberbullying

Cyberbullying occurs when technology is used to deliberately and repeatedly engage in unfriendly behaviour to upset and hurt someone. Groups and individuals can be both the perpetrators and targets of bullying.

Cyberbullying can occur in a number of ways including:

- abusive texts and emails,
- posting unkind messages or images,
- imitating others online,
- · excluding others online and
- inappropriate image tagging

Cyberbullying can happen to anyone, not just children and young people. It can be more damaging than offline bullying as it can occur 24/7, have a very large audience and be difficult to escape. It can invade a young <u>persons</u> social world both online and offline. As with offline bullying, cyberbullying can have long lasting consequences and children need support to manage this.

For more information or support on cyberbullying visit <a href="https://www.raisingchildren.net.au">www.raisingchildren.net.au</a> or <a href="https://kidshelpline.com.au">https://kidshelpline.com.au</a> or <a href="https://kidshelpline.com.au">https://kidshelpline.com.au</a> or <a href="https://kidshelpline.com">https://kidshelpline.com.au</a> or <a href="https://kidshelpline.com">https://kidshelpline.com</a>.

## Building your child's self esteem

Good self-esteem helps children and young people to try new things, take healthy risks and solve problems. Positive self-esteem provides children with a solid foundation for their learning and development and enables them to feel good about themselves.

Parents can help build the self-esteem of their children by frequently doing the following with them:

- Say "I love <u>you"</u>
- Develop and maintain special daily <u>rituals</u>
- Let your children help you
- Let your child make mistakes and solve some of their own <u>problems</u>
- Praise children for <u>trying</u>
- . Show an interest in the sports or hobbies they are interested in
- Eat meals as a <u>family</u>
- Seek out one-on-one opportunities often
- Praise desirable behaviour (praise should be genuine and specific)
- Correct negative behaviour firmly but <u>lovingly</u>
- Respect their choices
- Celebrate your child's successes big and small
- Make your children a priority in your life.

For more information go to http://raisingchildren.net.au.