

#### Clifton Hills Independent Primary School



28 July 2023 Issue 11

Dear Parents and Caregivers,

I would like to welcome back all families for the start of Term 3, especially those that may be new to the school. I hope you all have had a relaxing break and are energised for another busy, yet exciting term. Traditionally, Term 3 is very busy with a number of fabulous activities planned such as EduDance, Faction Athletics Carnival, Book Week Parade, Open Night and Science Week. We will be providing more information about these events through Connect, Facebook and the newsletter.

Our Term Planner was sent home via Connect at the end of last term, however, dates and information for events can change. Please continue to check our fortnightly newsletter for the most up to date information for school events.

Last week we were thoroughly entertained by Room 5, Mrs Scidone's Year 1 class. They showed us their fabulous singing and dancing with a song entitled, "Go Ape". Congratulations to the students and Mrs Scidone for such a wonderful presentation!

Enrolments for Kindergarten in 2024 have now closed and once again our school had a large number of applications. Parents will be informed in writing sometime next week whether their child has a position, as will those entering Pre-primary. If you know of anyone who has missed the deadline, please get them to contact the school so that we can discuss their options.

We are currently in the process of planning for 2024. If you are not returning to our school next year, please notify the office in writing, or via email at: <a href="mailto:cliftonhills.ps@education.wa.edu.au">cliftonhills.ps@education.wa.edu.au</a> as soon as possible. This will help us enormously in our planning for 2024 and only applies to students in Kindergarten to Year 5.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
-	MONDAI	P & C Meeting	Year 4 PEAC	Education By	Assembly
3		8:45am Before School	Testing	Nature excur- sion Room 13 (pm)	Room 14 Before School Sport (Yr 1-6)
	31	Sport (Yr 1-6) 7:50 – 8:20am AUGUST 1	2	3	7:50 – 8:20am
4	Room 16 + 13 (Yr 5) Constable Care Excursion	School Board 6pm Before School Sport (Yr 1-6) 7:50 – 8:20am		Education By Nature excur- sion Room 13 (pm)	Room 14 + 15 Constable Care Excursion Before School Sport (Yr 1-6) 7:50 - 8:20am Red Nose Day Fundraiser (P & C)
	7	8	9	10	11

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## GENERAL INFORMATION

Assembly: Room 14 Friday, 4 August

Clothing Pool: Tuesdays 8.15 am to 8.45 am

School Times: Monday to Friday 8.30 am to 2.40 pm

Play Café: Thursday 8:45 am to 10:45 am

Breakfast Club Wednesdays 7:45 am-8:10 am

### IMPORTANT NOTICES

- P&C Meeting Tuesday, 1 Aug 8:45 am
- Year 4 PEAC Testing Wednesday, 2 Aug
- Constable Care Excursion Rm 16 & 13 Monday, 7 Aug
- Constable Care Excursion Rm 14 & 15 Friday, 11 Aug
- Red Nose Day Fundraiser P&C



#### **ASSEMBLY DATES 2023**

Term 1

Friday 17 March: Room 12

Friday 31 March: Room 7

Thursday 6 April: ANZAC

Term 2

Friday 28 April: Choir/

Councillor

Friday 12 May: Room 13

Friday 26 May: Room 10

Friday 9 June: Room 8

Friday 23 June: Room 9

Term 3

Friday 21 July: Room 5

Friday 28 July: Room 6

Friday 4 August: Room 14

Friday 18 August: Room 4

Friday 1 September: Room 11

Friday 22 September: Room 15

Term 4

Friday 13 October: Choir/

Councillors

Friday 27 October: Japanese

Friday 10 November: Room 3

Friday 24 November: Room 2

Friday 8 December: Book

Awards

On Tuesday evening, staff members, parents and their children had a wonderful time solving the, "Mystery of the Mathematical Menace". Congratulations to all of those who came despite the inclement weather and to those who managed to solve the problems and find the menace! I would like to thank and acknowledge the hard work and expertise of Mr Fletcher and Ms Dagostino for putting on this event which was made possible through their involvement in the Lighthouse Maths Project. Also, a big thank you to Mrs Watson for her support and guidance with the organisation of the evening.

Congratulations to Gracie in Room 5 who won an iPad for her participation in the 'Premier's Reading Challenge', which is an annual event encouraging children to read. Gracie was selected as part of their social media campaign to encourage children to participate in the program. A representative from the Education Department came to the school on Wednesday to present her with her award. Well done, Gracie!

Today Room 6, Mrs Langley's Year 1/2 class shared a fable they had written for 'Talk 4 Writing' entitled, "The Lion and the Mouse". Congratulations to the children who spoke beautifully and to Mrs Langley for their fabulous item!

Ms Trish Della Franca
Deputy Principal



#### OFFICE DISPLAY ROOM 4

As part of NAIDOC Week, Room 4 listened to the story, 'How the Birds got their Colours'. The children discussed interesting vocabulary, drew and painted some beautiful bird pictures and did some wonderful recount writing!



#### SCIENCE— WHAT, WHY, WHEN, HOW?

Recently in Science, Room 13 has been learning about light and shadows. The students created their own unique shadow puppets, to find out how shadows can be created using the light source from a torch, and how they can change the size of these shadows.

Sam Nicholas



#### FROM THE DEPUTIES

#### Book Week and Book Fair—Read, Grow, Inspire

This year, Book Week runs 19 - 25 August 2023. Our annual parade will be on Wednesday, 23 August 2023 at 8.45 am.

The Book Fair will be operating during Book Week. As well as books, there will be posters and stationery items for sale.

Book Fair opening hours will be:

Thursday 24/8 5:30 - 7:00 pm

Friday 25/8 8:00 - 8:20 am and 2:40 - 3:00 pm Monday 28/8 8:00 - 8:20 am and 2:40 - 3:00 pm

More information on these events will follow in the coming weeks.

#### **UPCOMING EVENTS**

WEEK 3 Tuesday Wednesday Friday	1 Aug 2 Aug 4 Aug	P&C meeting 8:45 am Year 4 PEAC Testing Assembly Room 14		
WEEK 4 Monday Friday	Monday 7 Aug Constable Care Excursion Rm 16 and 13			
WEEK 5 Monday 14 Aug Wednesday 16 Aug Friday 18 Aug		Faction Jumps and Distance Races Faction Athletics Carnival KEP for selected Year 5&6 students 8:45am-12:15pm Assembly Room 4		
WEEK 6 Monday Wednesday Thursday Friday	Monday 21 Aug Book Week Wednesday 23 Aug Book Week Parade 8.45 am undercover area Thursday 24 Aug Open Night K-6 & Book Fair			

#### **TERM DATES 2023**

#### Term 1

Wednesday 1 February– Thursday 6 April

#### Term 2

Wednesday 26 April -Friday 30 June

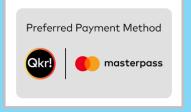
#### Term 3

Monday 17 July -Friday 22 September

#### Term 4

Tuesday 10 October—Thursday 14 December

Faction Scores				
MARTIN	2531			
LUCICH	2719			
ELLIS	2573			
DALE	2512			



SCHOOL WATCH 1800 177 777

#### **P&C NEWS**

We have a HUGE term coming up for Term 3! Grab your pen, you will want to put these dates in your calendar!

**Red Nose Day** 

RED NOSE DAY is being held on Friday, 11 August. The P&C will be pre-selling merchandise beforehand with the remainder available on the day. Volunteers will be located at the gates and 'Kiss and Drop' on the day to accept any generous donations for a cause that is so close to our hearts.

#### Sports Carnival

Get your pom poms ready, the FACTION CARNIVAL is only weeks away! Wednesday, 16 August is the day! The amazing team from Gosnells Lions Club will be serving up the goods on the BBQ, plus who can resist the bake sale! Of course, you cannot have a school Carnival without coffee, so we have a coffee van tending to all your needs. If you can help with donations of baked goods for the day please contact the P&C either by Facebook message or email <a href="mailto:chpspresident@gmail.com">chpspresident@gmail.com</a>. Parent volunteers will not be needed during the day, but if you are able to help with setting up and packing away we would really appreciate it. Ponytails and Fairytales offer some awesome sports day hair accessories, sunnies, socks, and more. Get free delivery to the school if ordered by this Wednesday 2 August: https://www.ponytailsandfairytales.com.au/discount/CLIFTON%2520HILLS?redirect=%2Fcollections

%2Fclifton-hills-primary-school-kelmscott-wa-6111

#### **Open Night**

OPEN NIGHT is an amazing opportunity to see the amazing things your child/ren and teachers have been working on, plus a great opportunity to support the school with the Scholastic Book Fair. More details to come.

#### **Fathers Day Stall**

The P&C team are working hard behind the scenes to arrange some amazing gifts for our FATHER'S DAY STALL that will be held on Wednesday, 30 August. We will put up a post closer to the time for any volunteers that may be able to assist.

#### **Story Dogs Day**

Mark Wednesday, 13 September in your calendar for STORY DOGS DAY. Students will have the opportunity to "adopt" a dog, as well as order pumpkin soup and cupcakes for the day. Further details will be sent out closer to the date.

#### Colour Run

Something colourful is coming! Our biggest event of the year will be held at the start of Term 4 on Wednesday, 25 October. The next P&C meeting is Tuesday, 1 August at 8.45 am in the staff room.

Following the P&C meeting, we will be holding a Colour Run meeting. If you are interested in assisting with this event, please come along. If you are unable to attend, however would like to be involved send us a message through our Facebook page or email us at <a href="mailto:chpsfundraising@gmail.com">chpsfundraising@gmail.com</a>.

Do you have an outstanding balance on your school24 account? We understand that sometimes as parents you can get caught out and forget to pack or order lunches but please note that P&C only offer credit at the discretion of our Canteen Manager. If this option is offered to you it is part of our Terms and Conditions that this money be paid back the following business day. To pay back the balance you must use the top up/recharge option to add funds to your parent wallet. Alternatively, you can pay the balance directly to the canteen using cash or card. If you have an outstanding account we will be contacting you soon to finalise debt owed.

Do you have a School24 account yet? Now is the time to jump on board. The school code is 25422963.

**Clothing Pool** 

The clothing pool is currently out of stock of: Selected Faction Polos

New stock of hats in all colours and sizes are now available for delivery. To place an order please email the Clothing Pool: chpsclothingpool@gmail.com. Alternatively, these can be purchased at the Canteen on any morning by cash or card. The Clothing Pool is run completely by volunteers. If you are using cash we appreciate supplying the correct money as we cannot always give the correct change. Do you have time to volunteer on Tuesday mornings? The Clothing Pool is looking for some new volunteers to help run the Clothing Pool. If you would like more information please come have a chat with Sonia.

The Clothing Pool will be closed Tuesday, 1 August due to the general meeting of the P&C.

#### **Containers for Change**

The P&C now has a recycling bin on site for all eligible containers. Students can get one faction point per container by

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putting them in their faction bins in the undercover area. Containers from home are most welcome! All funds raised this year will be going towards our Year 6 students graduation!

#### Want to Join?

Have you ever wondered about all the things the P&C do? Have you seen an idea from somewhere and thought "the P&C should do that?" We are actually a small committee and need more parent and grandparent involvement to continue offering all our events/fundraisers. If you would like to join the P&C please email chpspresident@gmail.com or message our Clifton Hills Primary School P&C Facebook page.

Our next general meeting will be held on Tuesday, 1 August at 8:45 am in the school staffroom. All are welcome!

\*\*REMEMBER: The best way to stay up-to-date with all of our amazing events is through our Facebook page, "CLIFTON HILLS PRIMARY SCHOOL P&C".\*\*

CHPS P&C contacts Clothing Pool: chpsclothingpool@gmail.com

Fundraising: chpsfundraising@gmail.com

#### COUNCILLOR'S REPORT

Hello and welcome to the first week of Term 3. This term the Councillor's and Mrs Watson decided to change up our partners. I hope your holidays were good! So Term 3 is very busy and we are going to tell you all about it. First there is the Colour Run, Open Night, Edu Dance, bike riding for Rottnest and the Book Fair. The first assembly back was so cute. Room 5 did a dance and then had morning tea with their parents. That's all for this weeks Councillor Report! Have a good day. Jordynn and Kobe.

#### VOLUNTARY CONTRIBUTIONS

Thank you very much to those parents who have already paid their Voluntary Contributions of \$50.00 per child. The school relies a great deal on parents paying this voluntary payment.

Voluntary financial contributions are used by the school to provide an enhanced education service and to enhance resources available to students learning.

Payments can be made in full or by instalments throughout the year by Qkr!, cash at the Front Office or direct deposit.

Details for direct deposit are:

Clifton Hills Primary School

Bank CBA

BSB 066 040

Account 19901076

Please use your child's name and reference the event you are paying for. E.g "Blogs Vol Con"

Every little bit helps!

#### SCHOOL NURSE

#### How much physical activity should my child be doing?

School age children need at least 60 minutes of moderate to vigorous physical activity each day. But more is better, so encourage your child to be active for up to several hours each day.

Children need a combination of moderate and vigorous activity. 'Moderate activity' is any activity which is similar in intensity to a brisk walk e.g. bike riding or active playing. 'Vigorous activity' is any activity which makes your child "huff and puff" e.g. organised sports, ballet, running or swimming laps.

Any activity that requires your child to expend energy should be encouraged. Go to http://raisingchildren.net.au for more information.

#### Screen time

Children and adolescents should not spend more than two hours a day on screen based activities. Excessive screen time often leads to poor health, poor fitness and overweight.

Activities like surfing the net, social networking, watching TV and playing screen games can be educational and fun, but all involve sitting still for long periods of time. Set family rules around screen time and encourage your child to try a range of active pastimes, especially during daylight hours.

For more information, go to http://raisingchildren.net.au.



#### GOSNELLS BEARS PLAYERS WANTED

## THE GOSNELLS BEARS ARE LOOKING FOR NEW PLAYERS FOR THE UPCOMING 2023/24 TEEBALL SEASON!

Gosnella Bears

Tee-ball Club

Are you aged between Kindy and Year 7? Are you interested in playing tee ball? THEN JOIN US TODAY!

Learn new skills!
Make lots of new friends!
Be part of a team!

Did you know we also run clinics for kids aged 2-4 years to at a discounted rate.

Text our Registrar Samantha on 0433291546 with any questions or if you prefer to register in person.

Find us on Facebook
Email gosnellsbears registrar@hotmail.com
Register online today at

#### SOCCER ACADEMY SPECIALIST PROGRAM

Lynwood Senior High School Soccer Academy is holding trials for Year 6 students only on Wednesday 16th August 2023 in Term 3 and Thursday 19th October 2023 of Term 4.

We welcome interested Year 6 2023 students to apply.

Parents/Carers can find our application through our website <a href="https://www.lynwood.wa.edu.au">www.lynwood.wa.edu.au</a> under Specialist Programs.

All applications can be emailed to Bree.Faranda@education.wa.edu.au along with the student's most current school report.

#### SCHOOL ENVIRONMENT AND LIFE SCIENCES SPECIALIST PROGRAM

#### NEW TEST DATES AMENDED FOR TERM 3 AND TERM 4.

Lynwood Senior High School Environment and Life Science (EaLS) Program is holding testing on Wednesday 6th September 2023 of Term 3 and Tuesday 17th October 2023 of Term 4.

We welcome interested Year 6 2023 students to apply.

Parents/Carers can find our application through our website <a href="www.lynwood.wa.edu.au">www.lynwood.wa.edu.au</a> under Specialist Programs.

 $All \ applications \ can \ be \ emailed \ to \ \underline{\textit{Bree.Faranda@education.wa.edu.au}} \ along \ with \ the \ student's \ most \ current \ school \ report.$ 

# community News



## Meditation & Mindfulness

Join us for these FREE four week beginner meditation and mindfulness programs.

Studies show that practicing mindfulness and meditation can positively impact mental and physical health, whether it's by reducing stress, improving sleep, or increasing focus. Learn how to calm your mind and clear your thinking with meditation that works for you.

Delivered by accredited practitioner, Annie Knoth, these four week programs will allow participants to:

- Understand the basics of meditation
- Practice breathing exercises
- Learn how to calm the mind, and slow down

Evening program
Tuesday's, 1 - 22 August
6pm - 7pm
Bakers House, Harrisdale

Daytime program
Thursday's, 3 - 24 August
11am-12pm
Frye Park Pavilion, Kelmscott

These programs are for adults. Places are limited and bookings are essential.

For bookings or further information visit:

www.eventbrite.com/cc/meditation-mindfulness-programs-2363679 or call 9394 5495.

(08) 9394 5000 info@armadale.wa.gov.au armadale.wa.gov.au







# community News



## **Accidental Counsellor**

Do you find that people often open up to you and share their problems?

These 1 day workshops provide participants with the skills to talk to someone who is going through a difficult time; having relationship issues; not coping with life; or feeling helpless.

This workshop will explore:

- The role of an accidental counsellor
- How to help someone identify their strengths
- · How to reframe someone's thinking to give different perspectives
- The differences between supporting, helping and rescuing
- The desirable traits and skills for an accidental counsellor

Wednesday 26 July 9.30am - 4pm Seville Grove Library Wednesday 13 September 9.30am - 4pm Seville Grove Library

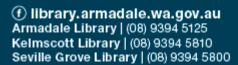
These sessions are for adults.

Places are limited and bookings are essential. Visit library.armadale.wa.gov.au or call 9394 5800.













# community News



# Alzheimer's WA: A course for Family and Friends

Delivered by Alzheimer's WA, this FREE one day course is suitable for people who know or care for a person living with dementia.

This course is designed to give families and friends:

- An understanding of dementia
- Insight into what happens to a person when they develop dementia
- The skills to communicate with and support a person with dementia

#### Monday 7 August, 9.30am - 4pm at Armadale Library

This session is for adults.

A light lunch and refreshments will be provided.

Places are limited and bookings are essential. Visit library.armadale.wa.gov.au or call 9394 5800.

Please note: This course is not suitable for people with a diagnosis of dementia.







f library.armadale.wa.gov.au Armadale Library | (08) 9394 5125 Kelmscott Library | (08) 9394 5810 Seville Grove Library | (08) 9394 5800



